

## Process for Ordering On-line from Sainsburys.

Due to the increase demand on online grocery ordering, Sainsburys are using the Government's list of vulnerable people to priorities.

Pre-requisites for this service are:-

1. A letter from the NHS re. vulnerability.
2. Being on the Government's Register of vulnerable people.

The first will be automatic from the NHS.

The second will need to be activated by the individual.

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### To register with the Government as vulnerable

1. Have available your **NHS number**. (This is a 10-digit number that can be found at the top of a prescription.)
2. Via the internet, log on to [www.gov.uk](http://www.gov.uk) website.
3. Using the  button, enter "**Register as Vulnerable**"
  - . Select "**Get coronavirus support as an extremely clinically vulnerable person**"
  - . Select the  button.
  - . Complete the document, answering all questions.

At the end of the process, an onscreen message will appear confirming, or not, your acceptance onto the register.

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### To create an online account with Sainsburys.

Even being on the approved list, Sainsburys may not have recognised your record to allow an account to be established.

To bypass the recognition process, a short cut route you can be developed.

Contact **Sainsburys Glasgow administration centre** by dialling **0800 636 262** or **0800 328 1700**.

After establishing your particulars, and "**nectar**" card number, the operator will create a record and issue you with a temporary password. You will also be asked for your **Credit Card** details. With this information you can enter your Sainsburys account and update the relevant details.

The temporary password will only last for a short time so it is advisable to change this into one that you are comfortable with and can remember.

You will also be asked to enter a note, for the driver, in the delivery instructions, if you are Self Isolating. An example of this is "**I am 75 years old and am self-isolating.**"

Having followed this process successfully, you will be able to go online, order items into the basket, and select a delivery slot.

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Please be advised the above process is one that has been successfully used, by the author, but is not an official procedure.